

2.1.6. From 'Farm to Fork': designing a fair, healthy and environmentally friendly food system

European food is famous for being safe, nutritious and of high quality. It should now also become the global standard for sustainability. Although the transition to more sustainable systems has started, feeding a fast-growing world population remains a challenge with current production patterns. Food production still results in air, water and soil pollution, contributes to the loss of biodiversity and climate change, and consumes excessive amounts of natural resources, while an important part of food is wasted. At the same time, low quality diets contribute to obesity and diseases such as cancer.